



#### 21<sup>st</sup> Century Parenting....



- TYPE A
- You believe children should be seen and not heard.
- When it comes to rules, you believe it's "my way or the highway."
- You don't take your child's feelings into consideration.



- TYPE B
- You set rules but rarely enforce them.
- You don't give out consequences very often.
- You think your child will learn best with little interference from you.



- TYPE C
- You don't ask your child about school or homework.
- You rarely know where your child is or who s/he is with.
- You don't spend much time with your child.



- TYPE D
- You put a lot of effort into creating and maintaining a positive relationship with your child.
- You explain the reasons behind your rules.
- You enforce rules and give consequences, but take your child's feelings into consideration.

## Being a parent is difficult...really difficult

PRINCETHORPE COLLEGE





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# Being a parent is difficult...really difficult

- We are all first time parents
- Our own experiences are limited most of us were exposed to one set of parents ourselves
- We change, our children change
- Teenagers are "programmed" to take risks and challenge
- There are a lot a variables, some we do have some control over...some we don't...



### Some advice:

- Our children are not us they are different
- We cannot be perfectionists as parents: be kind, do your best
- We need to make time for our children
- Keep communications open...always...
- Work together...work with school...
- Get a grip on the ICT....do not let the have TV, computers, phones in their rooms – <u>Paul Haye talk</u> – if you haven't seen this please do watch...
- Get to understand their technology and set guidelines
- Develop trust, but don't be too trusting...
- Be interested in them....
- Model good practice...